

Open Water Swim
San Mateo Master Marlins
Parkside Aquatic One Mile Open Water Swim
Saturday, 25 April, 2009 Sanction #

Location: Parkside Aquatic Park, San Mateo, CA

Course: One-mile salt water triangular course; in-water start and sandy beach finish. Typical water temperature range is ~55-75 degrees

Registration & Check-In: Begins at 7 AM and closes at 8:30 AM. The race starts at 9 AM.

Divisions & Awards: Awards (1st-3rd) in each 5-year division: 18-24, 25-29, 30-34, etc. Special awards will be presented to the first female & first male finisher, and to the youngest & oldest finishers.

Entry Fee: \$30 if pre-register by April 18th; \$35 on race day. Make checks payable to SMMM. Use form below and attach a copy of your 2009 USMS card or use a consolidated entry form available on the Pacific Masters website (www.pacificmasters.org). Send entries to SMMM c/o Joel Swartz, P.O. Box 366, Moss Beach, CA 94038. If the race is cancelled for any reason, a \$5 processing fee will be deducted from all refunds.

Amenities: Swim entry fee includes a cap and the option of a men's short sleeve t-shirt or a women's rib-knit shirt, plus post-race beverages and snacks. Picnic tables and BBQ grills are available at Parkside Aquatic Park. Locker rooms with showers at Joinville Aquatic Center.

Directions: From 101 N, exit at Kehoe Ave. From 101 S, exit at 3rd Ave East. Crossover freeway, turn right on Norfolk, proceed to Kehoe Ave and turn left. Follow Kehoe to Joinville Aquatic Center. To proceed to Parkside Aquatic Park turn right on Roberta Ave (just past Joinville Aquatic Center) and go 0.4 miles. Turn left on Seal Ct. into Parkside Aquatic Park.

Entry Form: Please Print Clearly! Attach a photocopy of your USMS card.

Last Name: _____ **First:** _____ **F / M** **Age:** ____ **Club Abbr:** _____

Entry Fee: \$ _____ **Address + zip:** _____ **Birthdate (mm/dd/yy):** _____

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. For Open Water Events: In addition, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Name of Event:

Date of Event:

Signature:

Parkside One Mile Open Water Swim

April 25, 2009
